



GYN-KBH.DK

MEDICAL ABORTION

Medical abortion is performed in pregnancies before 9 weeks, confirmed by ultrasound. If you have illnesses that cause an increased risk of bleeding, we do not recommend medical abortion.

The treatment:

When the decision about medical abortion has been made, you will take one tablet- Mifegyne in our clinic. The day after, you will start the abortion at home by inserting tablets-Cytotec- vaginally. You will also have to take painrelievers that we will provide you with.

Day 1

At the clinic you will take 1 tablet Mifegyne that you have to swallow. After you have taken this tablet the abortion has been started. Few patients develop nausea and vaginal bleeding after taking the tablet. In case of severe bleeding you can contact us.

We will provide you with the following medication:

Bag 1-2: Contains pain-relievers

Bag 3: Contains medicine to induce the abortion

Day 2

The day after your appointment in the clinic (where you took the Mifegyne) the abortion will take place at home. You must not be alone during the abortion but must have an adult with you in case you need help. We recommend that you start in the morning. Begin by eating breakfast, and after that go to the restroom and urinate, so that your bladder is empty. Then you start the abortion:

1. Open Bag 1+2 and take the pills with a glass of Water, as its written on the bag

2. Open Bag 2, take the 2 pills (Cytotec) and put them in the bottom of your vagina (as far up as you can reach with your fingers). After this you should lie down for at least 1 hour. You can eat and drink as you normally would.

Cytotec will cause contractions in your uterus as it empties itself. Most women will abort during the next 4-6 hours, but for some it can take up till 24 hours. The bleeding will be heavier than a normal period, and there might be lumps or clots you might also see some remains of the Cytotec tablets in the blood, but the tablets have had enough time to work, so this has no significance.

If you feel unsafe – within the first 72 hours of administrating Cytotec

If you bleed heavily, feel ill or experience pain that cannot be relieved by the medicine in the bags you should contact us or call **1813**. After the first 72 hours of administrating Cytotec you should contact your own doctor (the GP).

Bleeding

In medical abortion the bleeding is heavier than a normal period, and it may last for 2 to 3 weeks. If you are still bleeding more than a month after taking Cytotec you must contact your own doctor (the GP).

In 1 out of 20 women it is necessary to perform a vacuum aspiration of the uterus as in a surgical abortion, often because of prolonged bleeding.

Follow-up

To make sure you have aborted we will give you a appointment after one week, where we scan you again. It is important that you remember to show up, so we can see if the abortion is complete.

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OVERLÆGE/SPECIALLÆGE I GYNÆKOLOGI

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